

Topnotcher Strategy Guide

All exams · study plan · 2026 · 12-page reference

How recent PRC topnotchers prepared — patterns + study habits from top-10 finishers across boards.

What's inside

- Common patterns across topnotchers
- Hours per week + months of preparation
- Mock-test cadence (weekly + final 4 weeks)
- Sleep + lifestyle factors
- Mindset + exam-day routines

Practise alongside this reviewer

Super Tutor's PH practice bank covers every exam in this PDF — adaptive quizzes, timed mocks, and per-chapter flashcards. Free signup at supertutor.ph.

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Topics covered: topnotcher · PRC top 10 · topnotcher study habits · board exam strategy