

Spaced Repetition for PH Exams

All exams · study plan · 2026 · 6-page reference

Spaced repetition applied to PH exam reviewers — 30/60/90-day schedules with concrete example.

What's inside

- Ebbinghaus' forgetting curve explained
- 30/60/90-day spacing intervals
- How to slot it into PH exam prep
- Tools: Anki, Quizlet, Super Tutor
- When SR helps vs hurts

Practise alongside this reviewer

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Topics covered: spaced repetition · Ebbinghaus · memory curve · study schedule