

Active Recall Study Cheat Sheet

All exams · cheat sheet · 2026 · 4-page reference

The most evidence-backed study technique, applied to PH board / entrance exam reviewers.

What's inside

- What active recall actually is (vs re-reading)
- 5-step active recall workflow
- Combining with spaced repetition
- Mistakes Filipino reviewers commonly make
- When NOT to use active recall

Practise alongside this reviewer

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Topics covered: active recall · study method · spaced repetition · memory techniques